



Ms Angie Schloss  
SBYHN Senior Campus



Ms Retha De Beer  
SBYHN Junior Campus

## The School Based Youth Health Nurse

The School Based Youth Health Nurse (SBYHN) is a Queensland Health employee that works within the school environment. The SBYHN's main role is to assist students and teaching staff with any matters that may affect the health and wellbeing of young people. Especially, issues that could impede their learning. The SBYHN works alongside teaching staff, P&C and parents to ensure a whole school approach at health and wellbeing.

At Spinifex State College, we have two SBYHNs – one based on each campus to focus on the specific needs of the students. Miss Retha is at the Junior Campus on Monday, and Miss Angie is at the Senior Campus on Monday, Tuesday and Friday. Both can be contacted on via email or mobile (please contact school for these details).

The SBYHN role includes providing support with curriculum, teaching and learning activities, providing health information in a group setting or one on one with students.

The SBYHN can assist with:

- General nutrition
- Mental Health
- Stress and coping
- Grief and loss
- Staying Healthy
- Sexual Health
- Smoking, alcohol and other drugs
- Relationships
- Emotional and body development
- Vaccination questions especially the School Based Vaccination Program for year 7 and 10

As a health provider confidentiality is a big priority, all students have a right to confidentiality which is respected in all conversations had, **UNLESS** there are circumstances where they must refer or act to ensure the safety of all students and staff.