Welcome to the new school year. A year that is shaping up to be an exciting and productive year for all students.

2017 marks an era of new leadership for our school. It is my pleasure to take up the acting position of Principal of Spinifex State College. Mr Pocock has accepted the acting role of Head of the Senior Campus and Mrs McGrath-Jeffery will continue as Head of the Residential Campus. Our campus teaching teams are motivated and ready to achieve successful learning outcomes for every student.

I have a strong belief that all students can achieve success and reach their full potential at Spinifex State College. I was very pleased that 100% of our 2016 Year 12 cohort achieved their Queensland Certificate of Education (QCE) and that 95% of eligible students achieved an Overall Position (OP) 1 to 15. These results have enabled our students to achieve quality post-school outcomes.

Our school 2016 School Vice-Captain is a good example of student success. Hayley received offers to study medicine from three different universities (James Cook University, the University of Queensland and Monash University). Hayley has accepted an offer to study at Monash University in Melbourne. Congratulations Hayley.

2017 SCHOOL PRIORITIES

Each year our school identifies priorities for the year ahead. As this is the first newsletter of the year, I am happy to share with our school community that our priorities for 2017 are to:

- Embed a positive learning environment;
- Embed a culture of high aspiration and successful learning; and
- Embed consistent delivery of reading programs.

Throughout the year, staff will be focussed on developing skills to ensure that we achieve our objectives.
SCHOOL EXPECTATIONS

Our school has high expectations of behaviour for all students. All students have been instructed on the expectations in our school for learning and behaviour and, over the next few weeks, students will spend time looking closely at what being Safe, Respectful and Responsible in our school looks like.

In our school diaries, there is a matrix that details our expectations which I encourage all parents to have a look at.

Again this year, students will be given a Stamp Card where teachers will be able to reward them for following our school expectations. Each term, there will be reward activities for students who are following our school expectations.

SCHOOL UNIFORMS

I thank parents for supporting our school uniform policy. We are excited to have our school hats on sale and many students have taken the option of buying these. Parents are also encouraged to purchase the school winter jumper for their child now while they are organising other aspects of the uniform.

Research tells us that students who dress in uniform each day are more likely to be in a frame of mind to engage effectively in the learning program of the school.

SCHOOL REPRESENTATIONS

At Spinifex, we are proud of the many students who are selected each year to represent our school and district in the fields of sport, arts and cultural endeavours. To be selected to represent our school in extra-curricular activities is an honour and is afforded to students who are engaging in the school program and have demonstrated that they have earned the right to this representation.

To be eligible to represent our school or access extra-curricular activities, it is an expectation that students’ attendance at school is of above 85% and that students have paid their school fees prior to the school accepting any payments for the extra-curricular activity.

P&C AGM

The 2017 P&C AGM will be held on Wednesday the 15th of February in the Junior Campus Library, commencing at 7pm.

Parents are encouraged to be involved in school life and one way to do this is to become part of our Parents and Citizens Committee. We meet together, usually on the third Wednesday of every month, to discuss what is happening in the school, and parents have an opportunity to raise issues, offer suggestions, and work together to improve our school.

Parents are encouraged to come along to this meeting to hear about our P&C.

MEET THE TEACHERS

This year we have welcomed the following new staff members:

<table>
<thead>
<tr>
<th>Staff Member</th>
<th>Area</th>
</tr>
</thead>
<tbody>
<tr>
<td>Michael Cross</td>
<td>Jnr HPE / Science</td>
</tr>
<tr>
<td>Joe DilLegge</td>
<td>Jnr Maths / Science</td>
</tr>
<tr>
<td>Kath Elphick</td>
<td>Jnr English / SOSE</td>
</tr>
<tr>
<td>Lana Lehmann</td>
<td>Jnr SEP</td>
</tr>
<tr>
<td>Jason McKane</td>
<td>Jnr Maths / Science</td>
</tr>
<tr>
<td>Ahna Munro</td>
<td>Jnr English / SOSE</td>
</tr>
<tr>
<td>Dan Ndisang</td>
<td>Snr Maths / Science</td>
</tr>
<tr>
<td>Ben Robson</td>
<td>Snr HOD Maths / Science</td>
</tr>
<tr>
<td>Rhys Roberts</td>
<td>Jnr Maths / Science</td>
</tr>
<tr>
<td>Courtney Rodgers</td>
<td>Jnr English / SOSE</td>
</tr>
<tr>
<td>Chris Stephens</td>
<td>Snr Maths / Science</td>
</tr>
<tr>
<td>Christine Trembath</td>
<td>Snr HOD English / SOSE</td>
</tr>
</tbody>
</table>

2017 New Leadership

<table>
<thead>
<tr>
<th>Staff Member</th>
<th>Position</th>
</tr>
</thead>
<tbody>
<tr>
<td>Phil Sweeney</td>
<td>Principal</td>
</tr>
<tr>
<td>Chris Pocock</td>
<td>Head of Campus</td>
</tr>
<tr>
<td>Patrick Coe</td>
<td>Snr Deputy Principal</td>
</tr>
<tr>
<td>Prue Pocock</td>
<td>HOD Senior Schooling</td>
</tr>
<tr>
<td>Ben Robson</td>
<td>HOD Snr Maths / Science</td>
</tr>
<tr>
<td>Christine Trembath</td>
<td>Snr HOD English / SOSE</td>
</tr>
<tr>
<td>Aimee Pearce</td>
<td>Snr Literacy Coach</td>
</tr>
<tr>
<td>Sarah Yates</td>
<td>Jnr Literacy Coach</td>
</tr>
</tbody>
</table>

Parents are invited to our formal Meet the Teachers event. There will be a separate event on each campus. This is an opportunity to meet with your child’s teachers, learn what their program of study is for this term, and discuss who we can work together to support your child’s success. Details of these events are:

Meet the Teachers – Senior Campus: Tuesday February 14, 5.30pm – 7 pm
Meet the Teachers – Junior Campus: Wednesday February 15, 5.30pm – 7 pm

LEADERSHIP INVESTITURE

On Monday, the 6th of February, our whole school joins together at the Civic Centre for the Leadership Investiture where our new captains, prefects, student council year level representatives and Year 12 students are formally recognised as leaders and presented to the school.

Parents are welcome to join us for this occasion which begins at 8.15am.

NEWSLETTER DISTRIBUTION

This year we will continue to distribute the fortnightly school newsletter to families via email.

If you wish to receive the newsletter, it will be necessary for you to contact the school office and ask them to add your email address to the newsletter register. Similarly, if you wish to be removed from the register, it will be necessary for you to contact the school office.
KEEPING IN TOUCH

I encourage parents to contact the school at any time if you have any concerns or questions. There are many ways of keeping informed about our school:

- Ringing the school to speak with teachers or admin regarding any issues/concerns;
- Our SCHOOL WEBSITE has many useful documents (www.spinifexsc.eq.edu.au);
- The NEWSLETTER is emailed each fortnight – if you would like this newsletter emailed to you please let the school know; and
- “Like” our FACEBOOK PAGE: Spinifex State College – Mount Isa (look for the logo with the dark blue background)

Regards,

Philip Sweeney
Principal

In and Around Our School

A Word from our Guidance Officer

Hello, my name is Joy Wagstaff and I am the Guidance Officer. My primary role is to support students using a range of strategies based on individual needs. I can also work with parents/carers and teachers in order to achieve the best outcome for students.

How to Make Friends

One way to be happier is to increase the quality of our friendships. Whether you are a sociable person or a loner, friendships are important. One of the easiest ways to remain engaged and interested at school, at work or in life is to enjoy the company of the people that we are with.

Please see attached item for more information.

If you have any concerns regarding your child, please contact the front office to make an appointment to see me:

- Junior Campus – Monday, Wednesday and Friday
  Ph: (07) 4740 1111
- Senior Campus – Tuesday and Thursday
  Ph: (07) 4744 7222

Joy Wagstaff
Guidance Officer

Tuckshop

Attached to this newsletter, and also available on the school website, is the current Tuckshop price list for both the Junior and Senior Campuses.

If you wish to make a special order from our tuckshops, please ensure that these orders are placed by no later than 9am.

Tuckshop Staff
Junior and Senior Campus

Year 12 Camp – New Zealand Ski Trip

The New Zealand Ski/Snowboarding Trip is coming up in the September holidays for the Year 12 students. If you wish for your child to be involved, please ask them to collect an Expressions of Interest form from Mr Salmond at the Senior Campus Science Block staff room.

The excursion runs over ten days and is expected to cost approximately $3,200 per student.

The South Island is home to some of the best ski fields in the world and students will spend 5 days exploring Coronet Peak, Cardrona and Mt Hutt. Snowboarding/skiing lessons are included in the cost. Students will also have the opportunity to explore Queenstown, and will be able to experience jet boating, luging, shopping and more.

Get in now! Applications are due by the 3rd of February so we can finalise numbers and confirm a group booking.

Please contact Grant Salmond on gsalm6@eq.edu.au for any further information at this stage.

Senior English and Humanities

Welcome to the start of the school year to both our current and new families. If your student is enrolled in English or a Humanities subject this term on the Senior Campus, they will be studying:

<table>
<thead>
<tr>
<th>YEAR</th>
<th>SUBJECT</th>
<th>TOPICS</th>
</tr>
</thead>
<tbody>
<tr>
<td>10</td>
<td>English</td>
<td>How war is shown in literary novels</td>
</tr>
<tr>
<td></td>
<td>History</td>
<td>World War 2 – the Kokoda campaign; Indigenous rights and freedoms</td>
</tr>
<tr>
<td></td>
<td>Literacy</td>
<td>How war is shown in literature</td>
</tr>
<tr>
<td>11</td>
<td>English</td>
<td>Ethical dilemmas in literature – from poems to short stories</td>
</tr>
<tr>
<td></td>
<td>English Communication</td>
<td>Re-writing traditional fairy tales for children</td>
</tr>
<tr>
<td></td>
<td>Modern History</td>
<td>British imperialism &amp; Indian independence</td>
</tr>
<tr>
<td></td>
<td>Geography</td>
<td>Managing the Natural Environment</td>
</tr>
<tr>
<td></td>
<td>Social &amp; Community Studies (CSZ)</td>
<td>Health, Recreation &amp; Leisure</td>
</tr>
<tr>
<td>12</td>
<td>English</td>
<td>Study The Book Thief, and then write a short story based on a theme from the novel.</td>
</tr>
<tr>
<td></td>
<td>English Communication</td>
<td>Study The Outsiders, and then write a short story based on a social group in the novel.</td>
</tr>
<tr>
<td></td>
<td>Modern History</td>
<td>British imperialism &amp; Indian independence</td>
</tr>
<tr>
<td></td>
<td>Social &amp; Community Studies (CSZ)</td>
<td>Health, Recreation &amp; Leisure</td>
</tr>
<tr>
<td></td>
<td>Studies of Society</td>
<td>A Study of Feminism</td>
</tr>
</tbody>
</table>

Please support your student as best you can by ensuring that they have access to a quiet study area, have the materials they need for classes, and are completing homework and assessment tasks in a timely manner.
From the School Based Youth Health Nurse (SBYHN)

Body Odour

It’s hot and there are some things that we do not need to share. But no one will tell you up front, so here is something to think about. We live in a hot climate, our bodies are changing, growing and being influenced by hormones. It’s about this time when body odour can become a real issue.

Take a look at the site below. It gives you an idea about clothes, sweat and how to reduce the smell.  


Check out the different things that can affect your sweating and tips on how to make body odour less of an issue.

Immunisations

Year 7 students will receive School Based Immunisations throughout this year. Information and Consent forms will be sent home with your student. The consent form needs to be filled and returned to school as quickly as you can.

The first immunisation session for the year will be on the 22nd of February.

To survive immunisations, eat a good breakfast, drink plenty of water, and have a good sleep the night before.

Senior Robotics Club

Do you have good problem solving abilities? Are you a critical thinker? Do you think outside the box? Then look no further! This is the after-school activity for you!

A Robotics Club will begin in Week 3 at Senior Campus. It will run every Tuesday afternoon from 3:30pm to 4:30pm.

The aim of the club is to stimulate students and encourage them to express ideas by embracing the age of digital technology.

There are limited spaces available – resources only allow for a maximum of 18 students. Female and Indigenous students are encouraged to apply.

Application forms for places will be available from Mr Salmond or Miss North in the Senior Campus Science Block staff room.
## Tuckshop Prices

**Term 1, 2017**

All menu items are available at both campuses unless otherwise stated. Special lunch orders are to be in no later than 9am. Orders can be placed for 2nd break.

### Salads

- **Salad Box**
  - lettuce, carrot, tomato, beetroot, lite cheese
  - cucumber, egg, onion (optional)
  - Large $7.00

- **Salad Box or Plate with Meat**
  - add chicken or ham
  - Large $8.00

### Salads by order only

- **Salad Only**
  - lettuce, carrot, tomato, beetroot, lite cheese, cucumber
  - $4.00

- **Meat & Salad**
  - Choice of lean ham or chicken
  - lettuce, carrot, tomato, beetroot, lite cheese, egg
  - $5.50

### Selection of Sandwiches & Toasted Sandwiches

- **Sweet Chilli Strip, Plain Chicken or Ham**
  - $6.00

- **Devil, Kebab, Chicken, Caesar or Bacon and Egg**
  - with lettuce, cheese and carrot
  - $7.00

- **Choice of:** Chili sauce, BBQ sauce or Mayo

- **Full Salad Wrap**
  - Meat and Full Salad
  - $9.00

### Wraps

- **Quench**
  - $2.50

- **Water**
  - Mini Pump
  - $2.00

- **Water**
  - Mount Franklin
  - $2.50

- **Water**
  - Pump
  - $3.50

- **Water**
  - Pumped
  - $4.00

- **Milk**
  - Plain
  - $2.00

- **Milk**
  - Flavoured Small
  - $3.00

- **Milk**
  - Flavoured Large
  - $4.00

- **Milk**
  - Ice Tea
  - $3.50

- **Fruit Box**
  - $2.00

- **Dinks**

<table>
<thead>
<tr>
<th>Quench</th>
<th>Juice 100% – Small</th>
<th>$2.50</th>
<th>$3.00</th>
</tr>
</thead>
<tbody>
<tr>
<td>Water – Mini Pump</td>
<td>Juice 100% – Large</td>
<td>$2.00</td>
<td>$3.50</td>
</tr>
<tr>
<td>Water – Mount Franklin</td>
<td>Choice of: Passionfruit, Orange, Apple</td>
<td>$2.50</td>
<td>$4.00</td>
</tr>
<tr>
<td>Water – Pump</td>
<td>$3.50</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Water – Pumped</td>
<td>$4.00</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Milk – Plain</td>
<td>$2.00</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Milk – Flavoured Small</td>
<td>$3.00</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Milk – Flavoured Large</td>
<td>$4.00</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Milk – Ice Tea</td>
<td>$3.50</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### HOT FOOD

- **Burgers**
  - (Bacon Egg, Chicken, Sweet Chilli, Devil, Hamburger) all with salad
  - $7.00

- **Burgers**
  - with cheese, lettuce and tomato
  - $6.00

- **Pork Riblet**
  - $3.50

- **Pork Riblet – Roll**
  - $4.50

- **Pie (lite) – Assorted**
  - $4.00

- **Chicken Gravy Roll**
  - $4.50

- **Cruizer Pie**
  - $4.00

- **Shepherd’s Pie**
  - $4.00

- **Lasagne**
  - $4.00

- **Pizza Rounda**
  - $4.00

- **Kebabs**
  - $4.00

### EXTRAS

- **Muffins – Low GI**
  - $3.50

- **Packets of Chips**
  - $1.50

- **Popcorn**
  - 50c

### SENIOR ONLY

- **Kebabs**
  - $4.00

- **Top Deck Lasagne**
  - $4.00

This Tuckshop is run by the Spinifex State College Mount Isa – Parents & Citizens Association. All parents and community members are welcome to join the P&C. For further information, please contact office on 4740 1111.
How to make friends
Andrew Fuller

One way to be happier is to increase the quality of our friendships. Whether you are a sociable person or a loner, friendships are important. One of the easiest ways to remain engaged and interested at school, at work or in life is to enjoy the company of the people that we are with.

Let’s talk about how to build friendships (without turning into some sort of gushy, over the top, Ned Flanders type character).

Look people in the eye
Gaining brief eye contact with people communicates interest and trust. One simple way to do this is to mentally remind yourself to notice the colour of other people’s eyes as you say hello to them.

Smile and say hello
While the minimalist “hi” accompanied by a shrug may seem cool, it can also come across as disinterested and uncaring. Smile genuinely when you meet people and let them know you are glad to see them.

Call people by their name - a lot
Most people feel liked and reassured when someone calls them by their name. Try to use their name at least twice in a conversation, once when you meet them and once when you say goodbye.

Be where you are
One of the easy ways to stand out as a good friend is to be with people when you are with them. This means rather than checking messages, or scrolling through social media or sending texts you actually stop, talk, look at and listen to the people you are with.

Feel lucky to know them
One of the really simple ways to be a good friend to someone is to decide that you are lucky to know them.

Ask people what they think
One way of getting past the awkward stage in conversations is to not just ask people what they have been doing but also what they think about something. Seeking their ideas shows that you value them.

Get to know a lot of people
Not everyone you meet will be a close friend. The more people you get to know even a little bit, the more likely you will be able to find friends. It can also be good in life to know some people as good acquaintances as well as having close friends.

Get to know people who are different
One of the ways to live an interesting life is to talk to people who are different than you. Getting to know people from different countries and backgrounds will enrich your life and stretch your ideas.

What young people want in a friend.
I asked over 1,000 young people last year what looked for in a friend. They said:
- humour
- honesty
- kindness and caring
- trustworthy
- non-judgemental
- happiness

Say hello to people you don't know
All of your friends were strangers once. Maybe it is time to start saying hello to some people you would like to be friends with but don’t know yet.

The best way to lose an enemy is to make them into a friend- Abraham Lincoln.
How to mend a friendship

All friendships go through some rough times. Generally people seem to know more about how to make friends than they do about how to mend a friendship. This means that if you are going to fix up a friendship you will have to do it- you can't rely on other people knowing how to do it.

Nix it or Fix it
The first thing to decide is whether to nix the friendship and leave it or fix it. Generally it is good to keep as many of your friendships as you can but there are always exceptions. Some friendships just wear out. Others are with people you thought you could be friends with but they end up wanting to control, tease, bully or intimidate you. Not everyone is designed to be your closest friend.

But! Before you just say, “why should I be the one to fix it?” think long and hard about what you want. Good friends aren't easy to come by and shouldn't be treated as expendable.

Forgive
One of the easiest ways to be forgiving towards your friends is to stop and consider how often people may have had to forgive you in order to stay friends with you. We all make mistakes and we all do things that have unintentionally upset or hurt someone else. When you forgive someone, the person who benefits most is – you.

Apologise
Making an apology can fix a friendship. If you feel you have hurt or upset someone even if you didn't mean to do it, apologise. An apology starts with “I” and does not include the word “but”. Even if your apology doesn't fix the friendship you will feel better.

Be true to yourself
Don't let the meaness of others run your life. If you feel hurt or insulted by someone, you can either choose to act in mean ways towards that person or you can think about the sort of person you are and keep acting in the way you want to be. If you think you are a kind, caring, understanding, funny and trustworthy person keep being yourself.

When you need to change a friendship
If you have a friend who demands that you do everything that they say there may come a time when you want to change the relationship.

It is not a good idea to let other friends tell you who you can hang out with or what you should or shouldn't do.

Standing up for yourself and doing the things that you think are important is part of being true to yourself. This may come as a shock to your friend who is used to you agreeing with everything they say. At first they may threaten to end the friendship.

Even if they do end the friendship, you may want to ask yourself was it really much of a friendship if it relied on one person doing exactly what the other person other said.

Bullying
Finally don't be a bully and don't hang around with people think it is ok to bully others. Be kind to yourself by being friends with people who are prepared to see the best in other people- you'll have a happier life.

Andrew's most recent book is “Unlocking Your Child's Genius” (Finch, 2015).
Fact Sheet for Parents/Carers/Guardians

What is Get Started Vouchers?

Get Started Vouchers is one of the funding programs that comprise the Queensland Government’s Get in the Game initiative to support sport and active recreation at the grassroots level.

Get Started Vouchers assists children and young people who can least afford, or may otherwise benefit from, joining a sport or active recreation club. Eligible children and young people can apply for a voucher valued up to $150, which can be redeemed at a sport or recreation club that is registered for Get Started Vouchers.

Who is eligible?

Eligible applicants are Queensland children and young people aged from 5 to 17 (inclusive) who either:

- hold or whose parent, carer or guardian hold a valid Centrelink Health Care Card or Pensioner Concession Card with the child’s name on it;
- or are identified by a registered referral agent.

What funding is available?

A maximum of $150 per voucher is available to help pay the cost of sport or recreation membership and/or participation fees. There is a limit of one voucher per child/young person per year.

Where can I redeem the voucher?

A list of registered sport and recreation clubs is available at www.qld.gov.au/recreation/sports/funding/getinthegame/getstarted/clubs/.

When will vouchers be available?

The following table provides round dates for the next two years.

<table>
<thead>
<tr>
<th>Round</th>
<th>Applications Open</th>
<th>Applications close (or earlier if fully allocated)</th>
<th>Vouchers expire (must be presented to a registered club by)</th>
</tr>
</thead>
<tbody>
<tr>
<td>9</td>
<td>25-Jan-17</td>
<td>29-Mar-17</td>
<td>12-May-17</td>
</tr>
<tr>
<td>10</td>
<td>12-Jul-17</td>
<td>27-Sep-17</td>
<td>15-Nov-17</td>
</tr>
<tr>
<td>11</td>
<td>24-Jan-18</td>
<td>28-Mar-18</td>
<td>11-May-18</td>
</tr>
</tbody>
</table>

How do I apply for a voucher?

To obtain a voucher:

- visit www.qld.gov.au/recreation/sports/funding/getinthegame/
- view the list of registered clubs to find a new club or confirm that the club your child is interested in joining is registered
- contact the club to ask about any specific equipment required for the activity and any additional fees that may not be covered by the voucher
- click on the ‘apply for a voucher’ link on the department’s website and enter your details and the eligible child/young person’s details, including a Centrelink Health Care Card or Pensioner Concession Card number or referral agents’ details.

If you are eligible, a voucher with a unique reference number will be generated. Print the voucher and take it to the registered sport or recreation club the child/young person intends to join (prior to the expiry date) to receive up to $150 off the club’s membership/participation fees.

Need further information?

For further information about Get Started Vouchers, telephone 13QGOV, email getstarted@npsr.qld.gov.au or visit www.qld.gov.au/recreation/sports/funding/getinthegame/

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1 Vouchers will be distributed in two rounds each year on a first come, first served basis. Once the allocation for each round is exhausted, the program will close and no further vouchers will be offered for that round.

2 Refer to the Get Started Vouchers Referral Agents Fact Sheet for information on referral agents.

3 If the membership/participation fees are more than $150, the parent/guardian/carer is required to pay the difference. If the membership/participation fees are less than $150, the department will pay the club for the membership/participation fees only. The balance is not redeemable in cash or as payment for individual items to participate in the activity (such as jerseys, boots etc.).

4 You will still be required to complete and comply with the sport or recreation club’s membership process.
Mount Isa Amateur Netball Association

Play netball in QUEENSLAND

HAVE FUN. MAKE FRIENDS. GET ACTIVE.

MIANA SIGN ON 4th Feb
8am - 10am Wellington Park Oval

Visit www.netballq.org.au to join!

Get active, have fun, and make friends by signing up for netball at Mount Isa Amateur Netball Association. The event is happening on February 4th from 8am to 10am at Wellington Park Oval. Visit www.netballq.org.au to join in the fun!